Privacy Policy

This Privacy Policy describes how **GSHC** ("we," "us," or "our") collects, uses, and discloses your personal information when you use our website (the "Website") or opt into our SMS messaging service.

Information We Collect

We collect several different types of information for various purposes to improve our services to you:

- **Personal Information**: We may collect personal information such as your name, email address, phone number, and mailing address.
- Usage Data: We may collect information about how you access and use the Website, such as the pages you view, the links you click, and the searches you conduct.
- **SMS Data**: When you sign up for SMS updates, we collect your phone number and related details through our website contact form, email agreements, or third-party reservation systems.

How We Use Your Information

We use the information we collect for various purposes, including:

- To provide and maintain the Website and our services
- To process your requests and inquiries
- To personalize your experience on the Website
- To send you promotional emails or marketing communications
- To send you SMS updates, promotions, and reminders related to our services
- To improve the Website and our service offerings

Messages and Data Rates

- Message Frequency: Messages are recurring, and frequency varies.
- Carrier Charges: Your mobile carrier may charge fees for sending or receiving text messages, especially if you do not have an unlimited texting or data plan.

Disclosure of Your Information

We may disclose your personal information to third parties in the following circumstances:

- To **service providers** who help us operate the Website and SMS services
- To comply with legal obligations
- To protect our rights and interests

Data Security

We take reasonable steps to protect your personal information from unauthorized access, disclosure, alteration, or destruction. However, no internet transmission is completely secure, and we cannot guarantee the security of your information.

Your Rights

You have certain rights regarding your personal information. You may request to:

- Access your personal information
- Rectify your personal information
- Delete your personal information

To exercise these rights, please contact us at **info@gs.healthcare**.

Opt-Out of SMS Communications

- You can opt out of SMS updates at any time by replying **STOP** or **UNSUBSCRIBE** to our messages.
- For additional assistance, reply **HELP**, and we will provide further support.

Non-Sharing Clause

We do not share your data with third parties for marketing purposes. GSHC will **not sell, rent, or share** your collected mobile numbers.

Children's Privacy

Our Website is **not directed to children under the age of 18**. We do not knowingly collect personal information from children under 18.

Changes to This Privacy Policy

We may update our Privacy Policy from time to time. We will notify you of any changes by posting the new Privacy Policy on the Website.

Contact Us

If you have any questions about this Privacy Policy, please contact us by email at **info@gs.healthcare**.